

# ADDICTION: The Epidemic Within the Pandemic

*A FREE seminar designed to educate family members, friends and the community on addiction, substance abuse and recovery*

## SESSION 1: Mental Illness & Addiction - Which do you treat first?

*Matt Christian, MSW, Dual Diagnosis Counselor*

How do you know if it's mental illness or addiction? Do you treat it the same way if it is both addiction and mental illness? What are some options for treatment? How far should parents of adult children go in helping?



## SESSION 2: Understanding Addiction - Will I know it when I see it?

*Craig James, LCSW, LSATP, MAC, Co-founder/Director of Operations*

How do you know when casual experimentation moves into something more serious? What are the signs a person is addicted? How do you deal with it when you know? How do parents let go of the guilt and shame they feel?

## SESSION 3: Panel Discussion Parents of Addicted Loved Ones & recovering addicts

How did you find out your loved one was addicted?  
What did you do when you did?  
How hard was it to set boundaries?  
How did your loved one react when you did?



*Due to the nature of the content attendees must be 18 or older*

# Saturday, March 5, 2022

Check-in at 8:30 Seminar 9 a.m.-1 p.m.

**Reston Bible Church**  
45650 Oakbrook Court  
Sterling, VA 20166

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Questions? Contact [pal@restonbible.com](mailto:pal@restonbible.com) or 703-927-7515